

“HELLO THERE, ELEPHANT.”

APPENDIX



We have all had experiences when what needs to be discussed is never discussed because, well, it would be too awkward. We refer to this phenomenon as “The Elephant in the Room.” Instead of ignoring the elephant, what if we included a process to visit with that elephant? You know, check in on the big fella? This worksheet is best introduced at the outset of behavioral planning. That way, talking about what is bothering us becomes a norm instead of an awkward moment.



HELLO THERE, ELEPHANT!

Most of us know the saying, “Are we going to talk about the elephant in the room?” We use this idiom when there is something bothering somebody and no one is talking about it. When there is an “elephant in the room,” things tend to get weird and awkward.

Use this worksheet to preemptively allow team members to discuss their thoughts, feelings, and even reservations about working on the behavior plan.

Thoughts and Feelings About Understanding WHY the Behavior Is Occurring:

On a scale from 1–10 (1 = I don't understand why the student is acting this way to 10 = I totally understand why the student is acting this way) rate your understanding.

1 2 3 4 5 6 7 8 9 10

Thoughts and Feelings About the Drafted Behavior Plan:

On a scale from 1–10 (1 = I don't understand the behavior plan to 10 = I totally understand the behavior plan) rate your understanding.

1 2 3 4 5 6 7 8 9 10

Thoughts and Feelings About Collecting Data for the Behavior Plan:

On a scale from 1–10 (1 = I don't understand how to collect data to 10 = I totally understand how to collect data) rate your understanding.

1 2 3 4 5 6 7 8 9 10