



LOOKING AT MY BELIEFS:

Conversation should be back and forth.

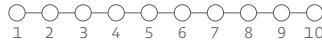


To understand how it might look and feel to honor or violate the belief that conversations should be back and forth, the following examples of top-down communication and partnership communication are provided. Use this simple scale to help gauge the alignment you currently possess between your beliefs and your behavior (authenticity). The higher total score, the more oriented you are toward partnership communication. The lower total score, the more oriented you are toward top-down communication.

TOP-DOWN PRACTICES

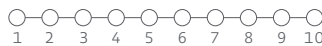
PARTNERSHIP PRACTICES

It is OK to manipulate others to get what I want.



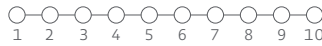
I see others as fully human and strive to never manipulate them.

Communication is about making sure others receive my message.



Communication is about two or more people being shaped by the brain power of everyone in a conversation.

I'm only concerned about instructing others.



I always want to learn from others.

Total Score

What surprises you? What pleases you? Are you where you would like to be? What would you like to change?

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