



LOOKING BACK:

Making Emotional Connections

Record yourself in a conversation. This could be personal or professional. Point the camera toward your conversation partner, as long as he or she agrees. After, watch the video carefully to see whether you or your partner (a) made bids, (b) turned toward, (c) turned away, or (d) turned against. Pay particular attention to nonverbal communication.

When did you see your partner make a bid, turn toward, away from, or against one of your bids?

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When did you miss opportunities to makes bids to your partner or turn toward your partner's bids?

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When did you see yourself or your partner turn away from or against a bid?

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