

# Presenting...

## Teaching with Light

### Ten Lessons for Finding Wisdom, Balance, and Inspiration

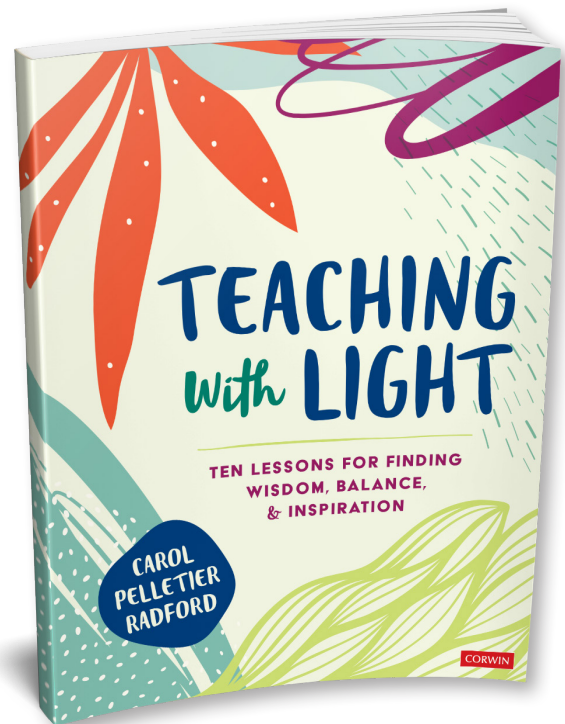
Carol Pelletier Radford

It takes courage, positivity, and passion to thrive as a teacher. This vivid and inspirational guide offers educators practical wisdom and strategies to promote their wellbeing and balance.

Carol Pelletier Radford shares 10 important lessons she has learned in a long career as an educator that can help you build a fulfilling and lifelong career in education. In each lesson, readers will find:

- Stories of resilience from classroom teachers
- Self-care tips and assessments
- Podcasts with inspiring teachers and leaders who have lived out the 10 lessons
- Reading plans for teachers, teacher teams, and mentor/mentee pairs
- Ways to dive deeper with additional companion website resources

*Teaching With Light* equips courageous teachers with the tools they need to take care of themselves so they can serve their students, step into leadership, and contribute to the education profession.



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