

Presenting...

Whole School Health Through Psychosocial Emotional Learning

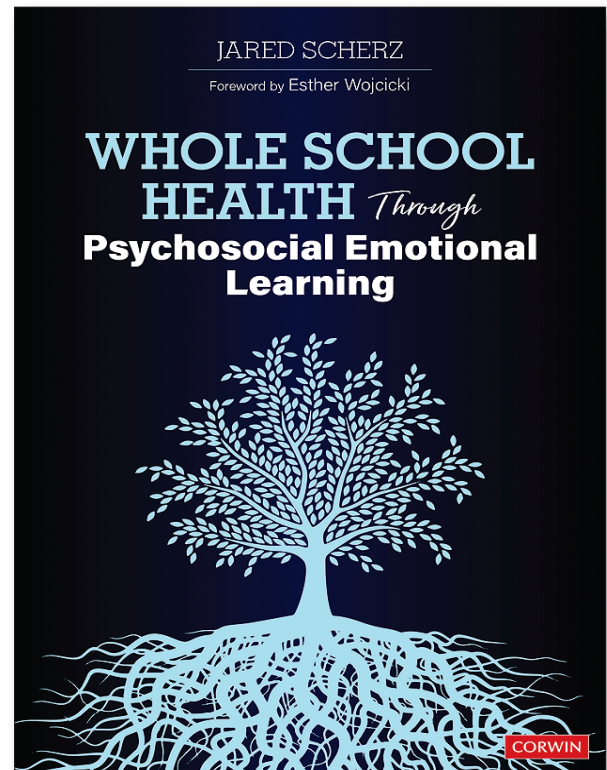
15 Strategies to Jumpstart Student and Educator Health

Jared Scherz

Designed for everyone involved in the educational system—including district administrators, teachers, students, parents, and the business community—this book provides a practical plan with steps to harmonize whole-school health, including sustainable growth in student character development, improvement of organizational health, and reduction of violence and other threats to education. A blueprint of applicable resources is provided, including:

- 15 easy-to-follow guidelines for successfully implementing social-emotional learning practices
- A spotlight on issues such as empathy, identity formation, self-control, and conflict resolution
- Dozens of real-world stories from educators
- Anecdotal and data-driven results from successful implementation

Educators today must navigate a newer and more dynamic terrain than previous generations. This book provides a practical framework for improving the satisfaction of educators, all through the lens of whole-school health.



\$34.95, 240 pages, ISBN: 9781071823637

"This important book discusses how to cultivate success, happiness, and a healthier world for all and will enhance the tools educators use to shape our children's future. Whole School Health Through Psychosocial Emotional Learning is not only for educators, but also for parents and others interested in cultivating favorable emotional and physical health in the next generation."

—Joel Fuhrman, M.D., **New York Times Bestselling Author**