



YOGA CLASSROOM MANAGEMENT STRATEGIES

- How do you normally handle discipline issues with your students?
- Do you think those same procedures will work when teaching yoga?
- What issues are likely to arise?
- How will you handle them?
- Could these disruptions be opportunities for listening circles and even consideration of restorative practices (see Chapter II)?
- Do you have someone in school to help you plan and make decisions and adjustments for students who may be disruptive?