

## Online Resource 2.2 • Restorative Practices

SOURCE	TITLE	SUMMARY
AASA—The School Superintendents Association & Children’s Defense Fund (2014)	Restorative Justice Overview	This report explores the benefits of restorative practices and provides examples, considerations, and resources for implementing them.
The Conflict Center (2018)	Restorative Practices Program	This page explains restorative practices and their benefits. They allow people to take responsibility for their actions while remaining connected to their community, and using these practices instead of traditional disciplinary methods can decrease student delinquency and improve academic outcomes and school climate.
Denver School-Based Restorative Practices Partnership (2017)	School-wide Restorative Practices: Step by Step	This guide provides implementation support and guidance for schools trying to reform their discipline system and adopt restorative practices. It answers a critical question: Where do we start?
June Naureckas (2019), Center for Educational Improvement	Restorative Justice in Schools: Benefits and Complications	This article explores the tenets, objectives, and outcomes of restorative justice programs, as well as discussing potential improvements.
Kaela Farrise (2021), Center for Educational Improvement	How Teachers Can Implement Anti-racist Practices in the Classroom	This article explains how educators can reduce bias in disciplinary responses by recognizing vulnerable decision points, implementing restorative practices, and giving more empathetic feedback.
Matt Davis (2015), <i>Edutopia</i>	Restorative Justice: Resources for Schools	This site provides examples of successful restorative justice programs as well as implementation resources for schools looking to adopt them.
Marieke van Woerkom (2018), <i>Edutopia</i>	Building Community With Restorative Circles	This site provides guidance and advice around facilitating meaningful discussion circles to build community.
Trackit Lights (n.d.)	Restorative Practice: 6 Questions That Improve Behaviour	This site discusses how restorative practices focus on addressing the root cause of behavior and repairing the damage the behavior caused. Asking questions can promote reflective thinking and empathy: “(1) What happened? (2) How were you feeling and what were you needing? (3) What were you thinking? (4) Who else has been affected? What do you think [they] might be feeling? (5) What have you learnt and what will you do differently next time? (6) How can the damage be repaired?”
University of Massachusetts Boston: Center for Peace, Democracy, and Development (2021)	Restorative Justice Project	UMass Boston’s Restorative Justice Project provides conflict resolution, meditation, and restorative justice services to Boston’s youth, families, and incarcerated populations. This page details the various projects and services they provide.

Retrieved from the companion website for *Cultivating Happiness, Resilience, and Well-Being Through Meditation, Mindfulness, and Movement: A Guide for Educators* by Christine Mason, Jeffrey Donald, Krishna Kaur Khalsa, Michele M. Rivers Murphy, and Valerie Brown. Thousand Oaks, CA: Corwin, www.corwin.com. Copyright © 2022 by Corwin Press, Inc. All rights reserved. Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.