## What Fraction of Your Recommended Daily Value Is in Our School Lunch?

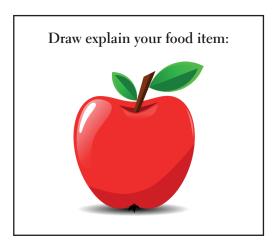
## Instructions:

- 1. Draw or describe the food item from the school lunch that provides that nutrient.
- **2.** Fill in the blank to complete the sentence.

## **Example:**

Today I got 3 half-cups of fruit at lunch.

Today's school lunch provided  $\frac{3}{4}$  of total daily fruit.



Source: Pixabay.com/@DesignerRiya

## **Total Daily Fruit: 4 half-cups**

Today I got . . .

Today's school lunch provided \_\_\_\_ of total daily fruit.

Draw explain your food item:

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Total Daily Vegetables: 6 half-cups		
Today I got	Draw explain your food item:	
Today's school lunch provided 6 of total daily vegetables.		

Total Daily Dairy: 6 half-cups		
Today I got	Draw explain your food item:	
Today's school lunch provided of total daily dairy.		
6		

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Total Daily Protein: 5 ounces		
Today I got	Draw explain your food item:	
Today's school lunch provided — of total daily protein.		
5		

Total Daily Grain: 6 ounces	
Today I got	Draw explain your food item:
Today's school lunch provided of total daily grain	
6	