

## Extension Worksheet

### What Is the Cost of School Lunch?

1. What is the cost of a school lunch?
2. If you buy lunch from school every day (approximately 180 days), how much will you spend on school lunch during a school year?
3. If you paid **half price** for the school lunch, how much would you spend buying lunch every day for a year?
4. Choose a lunch meal from one of the menus.
  - a. Which meal did you choose?
  - b. How much does the meal cost?
  - c. Estimate: How much of your daily recommended nutrients will you get from this meal?
  - d. What is the difference in cost between this lunch and the school lunch?

**5. Individual items vs. buying in bulk:**

- a.** How much does it cost to buy a single serving of milk from the grocery store?
- b.** How much does it cost to buy a gallon of milk at the grocery store?
- c.** If you buy the gallon of milk, how many single servings will you get?
- d.** What is the cost of a single serving if you buy the full gallon?
- e.** What are the advantages and disadvantages of buying the full gallon?



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