

# PLANNING PAGE

Name: \_\_\_\_\_

TITLE OF YOUR PIECE

TEXT STRUCTURE

Walking the Walk to Make a Difference

whose methods we admire

life lessons we learned from him/her  
←

one social situation in our world that needs change

the story of one example (and proof this is widespread)

what we should do to reverse it

Cesar Chavez

KERNEL ESSAY

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

SUGGESTIONS FOR QUICK LIST:

What in our world should be changed? What living conditions are not right? What working conditions?  
What can we do to make things better?

MY QUICK LIST OF TOPICS:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## “Lessons of Dr. Martin Luther King, Jr.”

My friends, today we honor a giant among men: today we honor the reverend Martin Luther King, Jr.

Dr. King was a powerful figure of destiny, of courage, of sacrifice, and of vision. Few people in the long history of this nation can rival his accomplishment, his reason, or his selfless dedication to the cause of peace and social justice.

Today we honor a wise teacher, an inspiring leader, and a true visionary, but to truly honor Dr. King we must do more than say words of praise.

We must learn his lessons and put his views into practice, so that we may truly be free at last.

Who was Dr. King?

Many people will tell you of his wonderful qualities and his many accomplishments, but what makes him special to me, the truth many people don't want you to remember, is that Dr. King was a great activist, fighting for radical social change with radical methods.

While other people talked about change, Dr. King used direct action to challenge the system. He welcomed it, and used it wisely.

In his famous letter from the Birmingham jail, Dr. King wrote that “The purpose of direct action is to create a situation so crisis-packed that it will inevitably open the door to negotiation.”

Dr. King was also radical in his beliefs about violence. He learned how to successfully fight hatred and violence with the unstoppable power of nonviolence.

He once stopped an armed mob, saying: “We are not advocating violence. We want to love our enemies. I want you to love our enemies. Be good to them. This is what we live by. We must meet hate with love.”

Dr. King knew that he very probably wouldn't survive the struggle that he led so well. But he said “If I am stopped, the movement will not stop. If I am stopped, our work will not stop. For what we are doing is right. What we are doing is just, and God is with us.”

My friends, as we enter a new decade, it should be clear to all of us that there is an unfinished agenda, that we have miles to go before we reach the promised land.

The men who rule this country today never learned the lessons of Dr. King, they never learned that non-violence is the only way to peace and justice.

Our nation continues to wage war upon its neighbors, and upon itself.

The powers that be rule over a racist society, filled with hatred and ignorance.

## Cesar Chavez, 1990

Our nation continues to be segregated along racial and economic lines.

My friends, the time for action is upon us. The enemies of justice want you to think of Dr. King as only a civil rights leader, but he had a much broader agenda. He was a tireless crusader for the rights of the poor, for an end to the war in Vietnam long before it was popular to take that stand, and for the rights of workers everywhere.

Many people find it convenient to forget that Martin was murdered while supporting a desperate strike on that tragic day in Memphis, Tennessee. He died while fighting for the rights of sanitation workers.

Dr. King's dedication to the rights of the workers who are so often exploited by the forces of greed has profoundly touched my life and guided my struggle.

Just as Dr. King was a disciple of Ghandi [sic] and Christ, we must now be Dr. King's disciples.

Dr. King challenged us to work for a greater humanity. I only hope that we are worthy of his challenge.

The United Farm Workers are dedicated to carrying on the dream of reverend Martin Luther King, Jr. My friends, I would like to tell you about the struggle of the Farm workers who are waging a desperate struggle for our rights, for our children's rights and for our very lives.

Many decades ago the chemical industry promised the growers that pesticides would bring great wealth and bountiful harvests to the fields.

Just recently, the experts are learning what farm workers, and the truly organized farmers have known for years.

The prestigious National Academy of Sciences recently concluded an exhaustive five-year study which determined that pesticides do not improve profits and do not produce more crops.

What, then, is the effect of pesticides? Pesticides have created a legacy of pain, and misery, and death for farm workers and consumers alike.

The crop which poses the greatest danger, and the focus of our struggle, is the table grape crop. These pesticides soak the fields. Drift with the wind, pollute the water, and are eaten by unwitting consumers.

These poisons are designed to kill, and pose a very real threat to consumers and farm workers alike. The fields are sprayed with pesticides: like Captan, Parathion, Phosdrin, and Methyl Bromide. These poisons cause cancer, DNA mutation, and horrible birth defects.

The Central Valley of California is one of the wealthiest agricultural regions in the world. In its midst are clusters of children dying from cancer.

## “Lessons of Dr. Martin Luther King, Jr.” (Continued)

Cesar Chavez, 1990

The children live in communities surrounded by the grape fields that employ their parents. The children come into contact with the poisons when they play outside, when they drink the water, and when they hug their parents returning from the fields.

And the children are dying.

They are dying slow, painful, cruel deaths in towns called cancer clusters, in cancer clusters like McFarland, where the children cancer rate is 800 percent above normal. A few months ago, the parents of a brave little girl in the agricultural community of Earlimart came to the United Farm Workers to ask for help.

The Ramirez family knew about our protests in nearby McFarland and thought there might be a similar problem in Earlimart. Our union members went door to door in Earlimart, and found that the Ramirez family’s worst fears were true.

There are at least four other children suffering from cancer in the little town of Earlimart, a rate 1200 percent above normal.

These same pesticides can be found on the grapes you buy in the stores. My friends, the suffering must end. So many children are dying, so many babies are born without limbs and vital organs, so many workers are dying in the fields.

We have no choice, we must stop the plague of pesticides.

My friends, even those farm workers who do not have to bury their young children are suffering from abuse, neglect, and poverty.

Our workers labor for many hours every day under the hot sun, often without safe drinking water or toilet facilities.

Our workers are constantly subjected to incredible pressures and intimidation to meet excessive quotas.

The women who work in the fields are routinely subjected to sexual harassment and sexual assaults by the grower’s thugs. When our workers complain, or try to organize, they are fired, assaulted, and even murdered.

The stench of injustice in California should offend every American.

*Note: It’s important to get swept up in our passions and, at the same time, to pay close attention to the realities of the world around us. Cesar Chavez did both. In this piece, he weaves his observations about Dr. King and about the working conditions for migrants together with his lofty convictions about making the world a better place. The shape his writing takes is unique, in that it reflects his ability to take a message from one voice and recreate it to make it his own. In this classroom exercise, students gain a model to help them turn their admiration of others into action. Specifically, they are asked to use the foundational structure of this work—its focus on identifying an admirable person and on life lessons we have learned from that person—to craft their own essays on “Walking the Walk to Make a Difference.”*

The growers and their allies have tried to stop us for years with intimidation, with character assassination, with public relations campaigns, with outright lies, and with murder.

But those same tactics did not stop Dr. King, and they will not stop us.

Once social change begins, it cannot be reversed.

You cannot uneducate the person who has learned to read. You cannot humiliate the person who feels pride. And you cannot oppress the people who are not afraid anymore.

In our life and death struggle for justice we have turned to the court of last resort: the American people. And the people are ruling in our favor.

As a result, grape sales keep falling. We have witnessed truckloads of grapes being dumped because no one would stop to buy them. As demand drops, so do prices and profits. The growers are under tremendous economic pressure.

We are winning, but there is still much hard work ahead of us. I hope that you will join our struggle.

The simple act of refusing to buy table grapes laced with pesticides is a powerful statement that the growers understand.

Economic pressure is the only language the growers speak, and they are beginning to listen.

Please, boycott table grapes. For your safety, for the workers, and for the children, we must act together.

My friends, Dr. King realized that the only real wealth comes from helping others.

I challenge you to join the struggle of the United Farm Workers. And if you don’t join our cause, then seek out the many organizations seeking peaceful social change.

Seek out the many outstanding leaders who will speak to you this week, and make a difference.

If we fail to learn that each and every person can make a difference, then we will have betrayed Dr. King’s life’s work. The reverend Martin Luther King, Jr. had more than just a dream, he had the love and the faith to act.

God Bless You.