

### Lesson 3: Be a Lamp, Not a Mirror

1. Have you ever heard the saying “Be a lamp, not a mirror” before? What does it mean to you?
2. How does this message of interacting with adults and my story of the teachers’ room relate to you?
3. How did school culture affect you when you were a beginning teacher?
4. Share some examples of when you have been a positive influence in shifting culture in your school for adults.
5. How do you intentionally focus on the positive in your life and work?