



**LOOKING BACK:**

# Being a Witness to the Good

Record yourself in a conversation during which you share positive information. This could be a personal or professional conversation. After, watch the video to analyze how effectively you were a witness to the good.

Note the praise you gave your partner below, and identify the attributes of your praise:

COMMENTS	ATTRIBUTIVE	NONATTRIBUTIVE	SPECIFIC	DIRECT	INDIRECT
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What should you do differently (if anything) to share positive information more effectively in the future?

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