T)

LOOKING AHEAD:

Listening

What is the conversation where you intend to practice listening
with empathy?
On a scale of 1-10, how interested do you expect to be in this conversation?
Poor 0-0-0-0-0-0-0-0 Excellent
On a scale of 1-10, how committed are you to listening with empathy?
Poor 0-0-0-0-0-0-0-0-0 Excellent
What can you do to increase your interest and commitment?
What can you do to ensure that the focus of the conversation is on others rather than yourself?
Have you cleared your mind? Is there anything else you need to do to make sure you are ready to listen without preconceptions and with empathy?
What can you do to make sure you focus on the emotions and needs of others?



Available for download at http://resources.corwin.com/KnightBetterConversations

Copyright © 2016 by Corwin. All rights reserved. Reprinted from *Better Conversations: Coaching Ourselves and Each Other to Be More Credible, Caring, and Connected* by Jim Knight. Thousand Oaks, CA: Corwin, www.corwin.com.