



## Jot Thought

Define these terms in your own words, focusing on what they look like, sound like, and feel like in your learning community.

### THE STIMULI OF BUILDING RELATIONAL TRUST

- **Empathy**

- Looks like: \_\_\_\_\_
- Sounds like: \_\_\_\_\_
- Feels like: \_\_\_\_\_

- **Commitment**

- Looks like: \_\_\_\_\_
- Sounds like: \_\_\_\_\_
- Feels like: \_\_\_\_\_

- **Compassion**

- Looks like: \_\_\_\_\_
- Sounds like: \_\_\_\_\_
- Feels like: \_\_\_\_\_

- **Patience**

- Looks like: \_\_\_\_\_
- Sounds like: \_\_\_\_\_
- Feels like: \_\_\_\_\_

- **The Capacity to Forgive**

- Looks like: \_\_\_\_\_
- Sounds like: \_\_\_\_\_
- Feels like: \_\_\_\_\_

Retrieved from the companion website for *Collective Equity: A Movement for Creating Communities Where We All Can Breathe* by Sonja Hollins-Alexander, Nicole Law. Thousand Oaks, CA: Corwin, [www.corwin.com](http://www.corwin.com). Copyright © 2022 by Corwin. All rights reserved. Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.