

IMPLEMENTATION

EXERCISE: PART 2

GETTING CENTERED

Time required: 45 minutes

Materials required: Courageous Conversation Journal for each participant and the worksheet that follows

1. Before introducing the Courageous Conversation Compass, pass out the accompanying sheet to each member of your group.
2. Have each participant describe in writing their basic opinion about the following topics: the *Students for Fair Admissions vs. President and Fellows of Harvard College* Affirmative Action case, the 67th anniversary of *Brown v. Board of Education*, immigration reform, and the killing of George Floyd.
3. Present the concept of the Courageous Conversation Compass to the group.
4. Have participants identify where on the compass their four opinions from Step 2 (above) are located. Have them write on the compass on the worksheet where each of their opinions is located.
5. Instruct the participants to mingle with one another and listen to at least three others whose opinions on these subjects are located at different points on the compass. For example, someone who has an intellectual opinion concerning Affirmative Action should talk to three others who have relational, emotional, and moral opinions on Affirmative Action.

It is important to note, however, that there should be no discussion or debate after hearing another's opinion—this is meant only as an exercise in listening to and hearing different points of view.

6. Bring the group back together, and reflect on the experience. Could you find people whose opinions were positioned differently on the compass? Was it difficult just to listen to the multiple perspectives without commenting?
7. Have each participant personally reflect on the differing opinions for each of the four subjects and keep this exercise in their Courageous Conversation Journal.

GETTING CENTERED

Affirmative Action: *Students for Fair Admissions v. President & Fellows of Harvard College*

My Personal Opinion:

My Personal Location on the Compass:

Multiple Perspectives From Others:

67th Anniversary of the *Brown v. Board of Education* Supreme Court Decision

My Personal Opinion:

My Personal Location on the Compass:

Multiple Perspectives From Others:

Immigration Reform

My Personal Opinion:

My Personal Location on the Compass:

Multiple Perspectives From Others:

Killing of George Floyd

My Personal Opinion:

My Personal Location on the Compass:

Multiple Perspectives From Others:

