

FIGURE 1.2 SELF-EFFICACY SELF-ASSESSMENT

QUESTIONS	THOUGHTS AND NOTES
<p>Do you feel like you can handle problems that come your way?</p> <p>YES NO</p>	
<p>Are you confident in your ability to achieve your goals?</p> <p>YES NO</p>	
<p>Do you feel like you can manage unexpected events that come up?</p> <p>YES NO</p>	
<p>Are you able to bounce back fairly quickly after a stressful event?</p> <p>YES NO</p>	
<p>Can you manage yourself well when under pressure?</p> <p>YES NO</p>	
<p>Do you keep trying when things become difficult?</p> <p>YES NO</p>	

Retrieved from the companion website for *Collaborating Through Collective Efficacy Cycles: A Playbook for Ensuring All Students and Teachers Succeed* by Toni Faddis, Douglas Fisher, and Nancy Frey. Thousand Oaks, CA: Corwin, www.corwin.com. Copyright © 2023 by Corwin Press, Inc. All rights reserved. Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.