

Chapter 4 Study Questions

For Professional Learning Communities, SEAD/SEL Courses, or Book Study Groups

1. What is your personal philosophy regarding “putting the student before the test score?” Do your instructional strategies and classroom environment align with your philosophy? Please explain.
2. Consider Figure 4.2, which represents a modified version of the rational emotive theory. Please explain a way in which you can integrate this model into instruction with application to your grade-level or content area.
3. Can you think of an interaction between you and a student or colleague that escalated into negative words or behavior? How might it have looked different if you asked the question “Can you tell me more . . . ?” at the beginning of the conversation?
4. Can you think of a time when you chose to be respectful to a student or colleague, even though it was challenging? Without using names or identifying information, what did it look like? How did it feel?
5. Think about John Wooden’s quote: “How can you perform at your best when you are using poor judgement?” Can this be applied to educators? If so, what is a potential result of losing control of our emotions in a way that affects our judgment and common sense?
6. Is there a situation within your professional life with which you are currently dealing that would benefit from you answering the question “What within this situation is within my control?”
7. Can you describe a situation in which accountability motivates you personally or professionally? How might you share, teach, and/or model accountability for your students using your situation as an example?