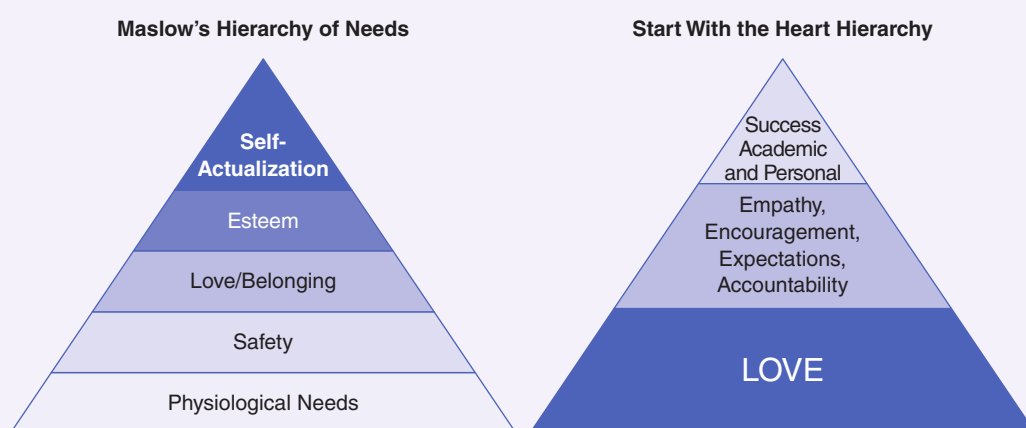


Chapter 2 Study Questions

For Professional Learning Communities, SEAD/SEL Courses, or Book Study Groups

1. What do you notice about the two hierarchies in Figure 2.2? The Start With the Heart Hierarchy is built on the idea of Maslow's Hierarchy *and* with the understanding that most of our students' safety and physiological needs are met while they are at school. What would be the benefit of embracing a Start With the Heart Hierarchy?

FIGURE 2.2



2. How do you “live love” throughout your workday?
3. What was your reaction to the suggestion to connect kinesthetically? What are your beliefs in this regard?
4. What tabs do you have open that hinder you from being emotionally and physically present? Why is it sometimes difficult to close your tabs? At the same time, how does keeping multiple tabs open affect you and those closest to you?
5. Do you have any implicit or explicit biases that might interfere with your ability to believe in your students?
6. How do you acknowledge your belief in your students?
7. What would you feel if you entered a room of colleagues, including your supervisor, and no one acknowledged you? How do you think students feel when the same thing happens to them?
8. Based on the statistics related to social and emotional learning impacting student outcomes, was there a statistic that resonated with you? Please explain.