

Raising Expectations

First, reflect on your own experience with expectations. Do you hold high expectations for yourself? If so, who influenced and believed in you along the way? If it is hard for you to accept higher standards for yourself, what can you do in the way of self-scaffolding to buoy your own esteem?

Next, choose three students. Choose one who already holds high expectations, one who is in the middle with neither high nor low expectations, and one who does not hold high expectations. Reflect on the expectations each of these students has for themselves. Describe the three students and plan ways you will further support each of them. Try out your plans. Share what happened.

Students	Describe	How You Will Further Support This Student	What Happened
Name: (student with high expectations for self)			

Name: (student with midlevel expectations for self)

Name: (student with low expectations for self)			
--	--	--	--