

Finding Home

My Field of Inspiration

Clarify & Convey

Identify Specific Actions
With Teachers:

- 1.
- 2.
- 3.

When:

- 1.
- 2.
- 3.

Clarity: (In one word or so... what I want my influence to be)
Convey: (In one word or so... what I need to make it happen)



My Inspirational Resources
 (Authors, Music, Movies, Art, Mentors, Friends, Websites, Affirmations, Movements, Essential Oils, Quotes, Food, Books, Podcasts, Colors, Clothes, Toys, Stories, etc.)

Favorites

Identify Inspiring Resources

Values:
 1. _____
 2. _____
 3. _____

Strengths:

1. _____
 2. _____
 3. _____

Individuality:

Contributors
to who I am:

1. _____
 2. _____
 3. _____

List Your Top Three

Bring it Home

Identify Specific
Actions For Self:

- 1.
- 2.
- 3.
- 4.
- 5.

When will the action
be implemented:

When?



- 1.
- 2.
- 3.
- 4.
- 5.

Define YOU

Name

Date