

APPLICATION ACTIVITY 2.2: MY MULTICULTURAL SELF

1. Make a list of all of the cultural groups that you belong to (e.g., Asian-American, female, Jewish, gay, person with a disability). Then, consider which ones you identify with most, and put a star next to those.
2. Describe a time that you felt proud to be a member of one of these cultural groups.
3. Describe a time that you found it challenging to be a member of one of these cultural groups.
4. What made the difference between the two times?

Source: Adapted from Gorski, P. (2015). *Circles of my multicultural self*. <http://www.edchange.org/multicultural/activities/circle-sofself.html>