




APPENDIX P

Compare/Contrast Realities



GET REAL (EXPECTATIONS)



Share this compare/contrast sheet with your family.
What people live can be SO different from what people post. (In fact, it's safe to say that what is posted online is very rarely a daily reality for most people.)

What People Post vs What People Live

 <p>"I'm always with friends!"</p>	 <p>"Sometimes, I feel left out."</p>
 <p>"I'm always doing fun stuff!"</p>	 <p>"Most of my time is spent combatting boredom."</p>
 <p>"I'm so lucky at life!"</p>	 <p>"I can't seem to catch a break."</p>
 <p>"Over 100 Likes and counting!"</p>	 <p>"If I posted something, there's a good chance nobody would notice."</p>
 <p>"Wow, that person's Mom and Dad really love them. They made a whole post about it."</p>	 <p>"It's easier to post a loving picture than to be a loving parent."</p>
 <p>"I can't believe I'm 'friends' with this celebrity on Instagram."</p>	 <p>"Celebrities consider us no more than demographic 'personas' and gather our likes for marketing purposes."</p>

totem 

Source: Author created using Vennage.com

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