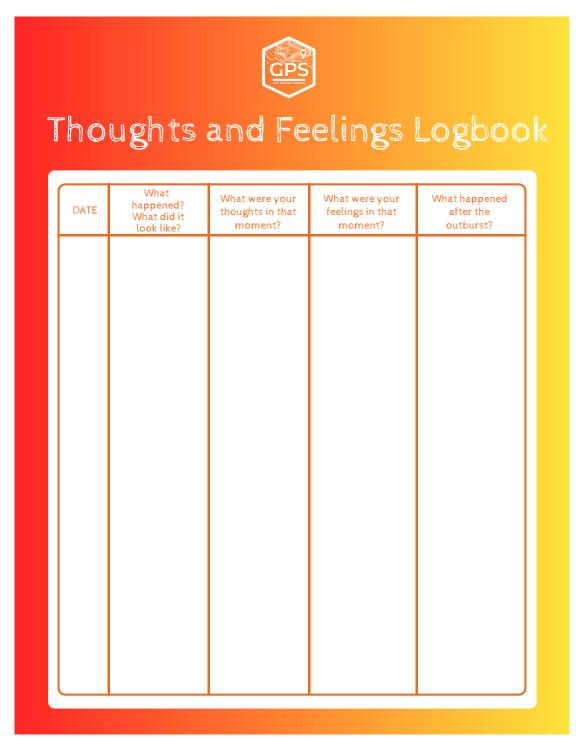
APPENDIX O

Thoughts and Feelings Logbook



Source: Author created using Venngage.com

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