

APPENDIX I

The Better Reprimand

THE BETTER REPRIMAND

WAYS TO REDIRECT KIDS WITHOUT NAGGING & NEGATIVITY

001.



KEEP IT PRIVATE

AVOID CALLING OUT YOUR CHILD IN FRONT OF OTHERS

If you really need to redirect your child, take the time to do away from others.

002.

KEEP IT QUIET

BE FIRM, BUT BE QUIET



Raising your voice is one way to deliver a message, but controlling your voice is the stronger message. Kids are less likely to escalate their behavior if they feel like you are in control of the situation!

003.



KEEP IT BRIEF

LECTURING KIDS ON BEHAVIOR HAS NEVER WORKED

Deliver your message and be on point. This is easier to do if you have already defined family behavioral expectations. A simple reminder of your house rules is all you need.

Abramowitz, O'Leary, & Futersak, 1988; O'Leary, Kaufman, Kass, & Drabman, 1970



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