Appendix 9

Philosophical Chairs (20–30 minutes)

- 1. Choose and post a controversial statement for participants to either agree or disagree.
- 2. Set up two rows of chairs facing one another. One side for participants who agree with the statement; the other side for those who disagree.
- 3. Have participants move to one row or the other, depending on their belief or opinion.
- 4. Participants then take turns defending their position and may switch sides at any time.
- 5. Three rules guide the discussion:
 - 1. One person speaks at a time.
 - 2. Everyone must have a turn before someone speaks twice.
 - 3. You must repeat what the person on the opposing side said before you share your opinion.
- 6. Serve as the moderator, helping speakers to stay on topic, encouraging all to speak, and asking additional probing questions to keep the discussion going.

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Controversial Statement:

Set Up:

- Chairs in rows facing each other.
- Participants may move or change their position at any time.
- Three Rules:
 - One person speaks at a time.
 - Everyone must have a turn before someone speaks twice.
 - You must repeat what the person on the opposing side said before you share your opinion.

Reflections/Notes:

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