

# Appendix 9

## Philosophical Chairs (20–30 minutes)

1. Choose and post a controversial statement for participants to either agree or disagree.
2. Set up two rows of chairs facing one another. One side for participants who agree with the statement; the other side for those who disagree.
3. Have participants move to one row or the other, depending on their belief or opinion.
4. Participants then take turns defending their position and may switch sides at any time.
5. Three rules guide the discussion:
  1. One person speaks at a time.
  2. Everyone must have a turn before someone speaks twice.
  3. You must repeat what the person on the opposing side said before you share your opinion.
6. Serve as the moderator, helping speakers to stay on topic, encouraging all to speak, and asking additional probing questions to keep the discussion going.

**Controversial Statement:**

**Set Up:**

- Chairs in rows facing each other.
- Participants may move or change their position at any time.
- Three Rules:
  - One person speaks at a time.
  - Everyone must have a turn before someone speaks twice.
  - You must repeat what the person on the opposing side said before you share your opinion.

**Reflections/Notes:**