

Appendix 1

Reflecting on Our Whiteness Exposure

Whiteness operates with a sentiment of centrality: *White identity as normed and standard*. Such exposure can create gaps in cultural knowledge and eventually skills necessary for social interaction. The following tool is intended to be used as a group exercise.

Instructions: Complete the worksheet as an individual. You should anticipate having empty boxes in the grid. After completing the worksheet alone, gather with two or three additional individuals and share what you know, who or what taught you, and what you need to learn. The intention of these ongoing conversations is to center the concepts that Whiteness distracts us from learning.

		KNOW WHAT DO YOU KNOW ABOUT THE TOPIC?	WHO OR WHAT WHO OR WHAT TAUGHT YOU ABOUT THE TOPIC?	NEED TO LEARN WHAT DO YOU NEED TO LEARN?
Race	<ul style="list-style-type: none"> Racial groups Racial identification 			
Ethnicity	<ul style="list-style-type: none"> Ethnic groups Ethnic identification 			
Sexuality	<ul style="list-style-type: none"> Sexuality groups Sexuality identification 			
Language	<ul style="list-style-type: none"> Language identification 			
Income	<ul style="list-style-type: none"> Income groups Income status identification 			