Appendix 1 Reflecting on Our Whiteness Exposure

Whiteness operates with a sentiment of centrality: *White identity as normed and standard*. Such exposure can create gaps in cultural knowledge and eventually skills necessary for social interaction. The following tool is intended to be used as a group exercise.

Instructions: Complete the worksheet as an individual. You should anticipate having empty boxes in the grid. After completing the worksheet alone, gather with two or three additional individuals and share what you know, who or what taught you, and what you need to learn. The intention of these ongoing conversations is to center the concepts that Whiteness distracts us from learning.

		KNOW WHAT DO YOU KNOW ABOUT THE TOPIC?	WHO OR WHAT WHO OR WHAT TAUGHT YOU ABOUT THE TOPIC?	NEED TO LEARN WHAT DO YOU NEED TO LEARN?
Race	Racial groupsRacial identification			
Ethnicity	Ethnic groups Ethnic identification			
Sexuality	Sexuality groups Sexuality identification			
Language	Language identification			
Income	Income groups Income status identification			

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