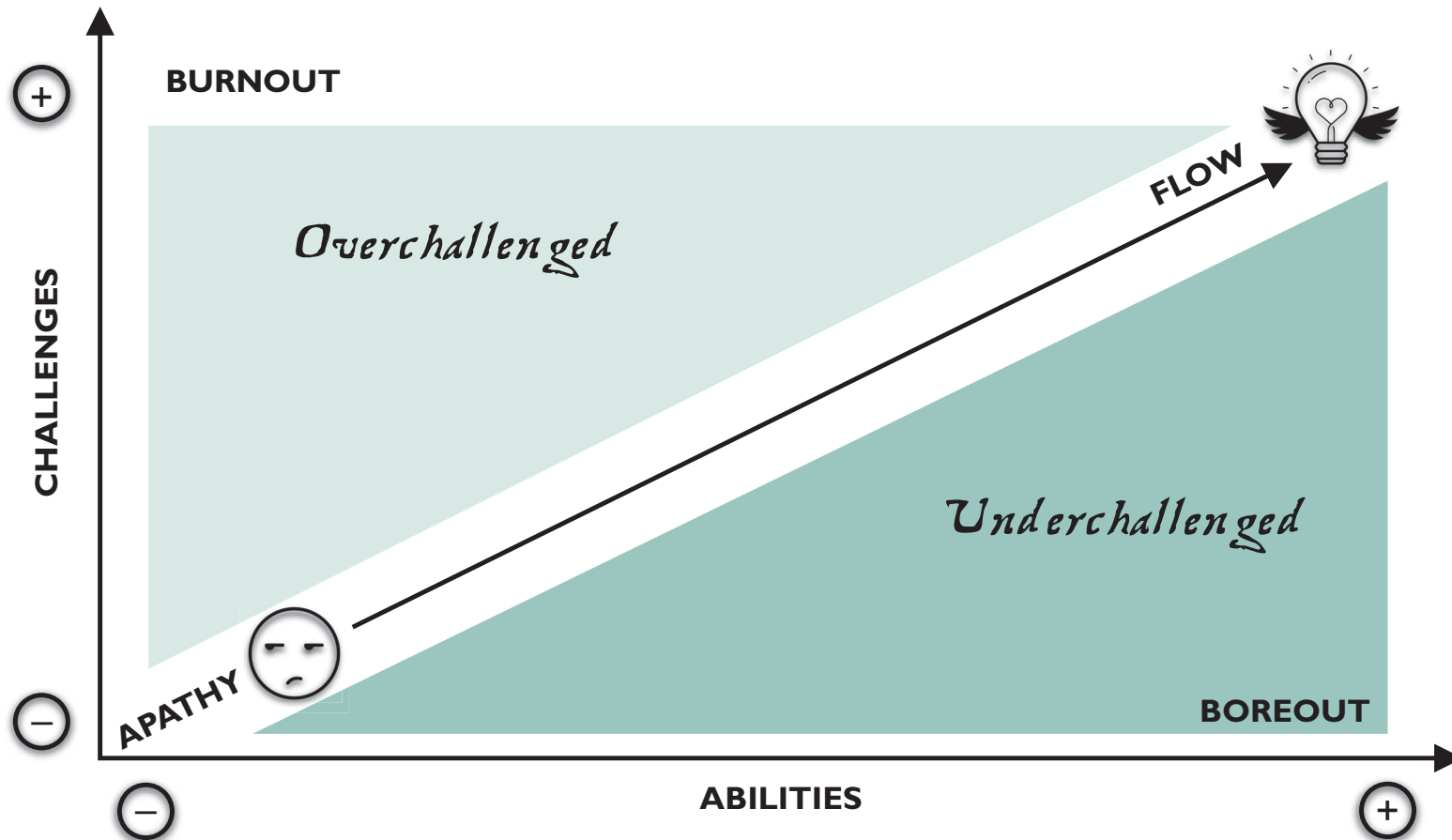



# The Flow Model

Our Past Is the Foundation on Which Our Future Is Built  
(adapted from *The Decision Book: 50 Models for Strategic Thinking*)



 Take a moment to think about three to five of your last projects or assignments. Plot each of these on the graph. Consider which aspects of the project or which assignments were matched to your abilities, which ones were challenging but achievable, and which ones were too difficult and taxing.

### Flow Model Black Line Master

Source: Adapted from Krogerus, M., & Tschäppeler, R. (2012). *The decision book: 50 models for strategic thinking*. New York, NY: W. W. Norton.

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