

4.2

Total Participation Technique (TPT) Planning

\*(based on Himmele & Himmele, 2017)

Instructions: Identify specific strategies and techniques focused on Quadrant 4 of the TPT Cognitive Engagement Model (see Coach’s Digest for an explanation of the model). Not all activities have to be in Quadrant 4, but the majority should reside there to maximize learning.

# 3

High Cognition, Low Participation

**4**

High Cognition, High Participation

# 1

Low Cognition, Low Participation

**2**

Low Cognition, High Participation

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