

Vowel	Action	Specific Examples
Acknowledgment: How did I deal with my excitement, anxiety, distractions, and/or concerns that might disrupt my reading?		
Exercise: How did I give myself an appropriate amount of time to practice my reading this week?		
I: What did / do for myself as a reader this week that makes me enjoy reading or helps me become a "better" reader?		
Others: How did I help others in my class, or family, become better readers?		
Unexpressed: What am I irritated or upset about that prevents me from reading? What should I talk to Mr. Stygles about?		
Yay! What is my major celebration for reading this week?		

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