



## NOTE TO SELF

Collective efficacy cycles require planning. To build the collective power of your team, plan a 10-week cycle in which you decide on a goal. The goal should be worthwhile and challenging, but achievable. Remember that it takes several rounds to build collective efficacy, increasing expectations following each success. From there, identify the new learning that will occur. How many weeks will you devote to that? Also, plan time for safe practice and opening up practice. Then identify the data you will collect to monitor impact. And don't forget to plan a celebration and then identify the next goal.

Targeted Instructional Area: \_\_\_\_\_

Common Challenge:

CYCLE #	INPUT	SAFE PRACTICE	OPENING UP CLASSROOM PRACTICE	MONITOR MEASURE MODIFY
DATE SPAN:	New learning for teachers	Teachers experiment with the new practice in a low-risk environment	Teachers observe each other and engage in structured reflection/feedback	Collect information on impact, make revisions, celebrate, and establish new goals
Week 1				
Week 2				
Week 3				
Week 4				
Week 5				

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<b>CYCLE #</b>	<b>INPUT</b> New learning for teachers	<b>SAFE PRACTICE</b> Teachers experiment with the new practice in a low-risk environment	<b>OPENING UP CLASSROOM PRACTICE</b> Teachers observe each other and engage in structured reflection/feedback	<b>MONITOR MEASURE MODIFY</b> Collect information on impact, make revisions, celebrate, and establish new goals
<b>Week 6</b>				
<b>Week 7</b>				
<b>Week 8</b>				
<b>Week 9</b>				
<b>Week 10</b>				

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**SOURCE:** Adapted from Chula Vista Elementary School District (2018).

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Retrieved from the companion website for *The Social-Emotional Learning Playbook: A Guide to Student and Teacher Well-Being* by Nancy Frey, Douglas Fisher, and Dominique Smith. Thousand Oaks, CA: Corwin, [www.corwin.com](http://www.corwin.com). Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.