SELF-ASSESSMENT

Revisit the major concepts and practices profiled in this module and use the traffic light scale to determine where you are now in each practice.

Menu of Practices on Trust, Social Skills, and Communication

Use the traffic light scale to reflect on your current practices about relational trust, social skills, and communication at the levels of self, students, and school. What areas do you want to strengthen?

INDIVIDUAL OPPORTUNITIES	
I am able to build my practical trust with others.	-
I am able to build my emotional trust with others.	
I use communication tools to build my trustworthiness.	
STUDENT-LEVEL OPPORTUNITIES	
I invest in establishing and growing teacher-student relationships.	
I actively work on developing my teacher credibility.	•
I teach and infuse peer relationships skills into my academics.	•
I teach and infuse developmentally appropriate communication skills into my academics.	•
SCHOOL-LEVEL APPROACHES	
I am knowledgeable about how my school or district invests in building relational trust with families.	•
I see my own role in contributing to building relational trust with families.	•
I advocate on the part of families to increase family voice in my school or district.	
I collaborate with families to make consequential decisions at the school.	

(Continued)

REFLECTION QUESTIONS



Retrieved from the companion website for *The Social-Emotional Learning Playbook: A Guide to Student and Teacher Well-Being* by Nancy Frey, Douglas Fisher, and Dominique Smith. Thousand Oaks, CA: Corwin, www.corwin.com. Copyright © 2022 by Corwin Press, Inc. All rights reserved. Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.