



NOTE TO SELF

Think of the last appliance you bought. Chances are very good that it came with a user's manual that noted its features, provided information about its limitations, and included some safety reminders so you wouldn't damage the machine or hurt yourself. If you created a user's manual for yourself, what might it say? Nancy developed one for herself as an example, inspired by Chris Balchut's (2021) personal user's manual. What might yours say?

<p>The Basics: Nancy</p> <p>Manufacture: 1959 in Long Beach, CA</p> <p>Model: Female (she, her, hers)</p> <p>Languages: English</p> <p>Primary Uses: generating ideas, locating resources, listening</p>	<p>The Basics:</p> <p>Manufacture:</p> <p>Model:</p> <p>Languages:</p> <p>Primary Uses:</p>
<p>Preferred Environments</p> <p>Home, medium-energy settings, small team meetings</p>	<p>Preferred Environments</p>
<p>Topics of Conversation</p> <p>Literacy, best practices in education, her family, Pittsburgh Steelers football</p>	<p>Topics of Conversation</p>
<p>Warnings and Manufacturer Defects</p> <p>Feels anxious often</p> <p>Gets overwhelmed when there are too many things happening all at once</p>	<p>Warnings and Manufacturer Defects</p>
<p>Do Not Push These Buttons</p> <p>Giving up on students</p> <p>Limiting student experiences based on disability</p>	<p>Do Not Push These Buttons</p>

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<p>Avoid Personal Injury</p> <p>If Nancy doesn't get back to you right away, it's not because she doesn't care; time management is a bit of a struggle</p>	<p>Avoid Personal Injury</p>
<p>Operating Instructions</p> <p>Best hours are 7:00 AM–6:00 PM</p> <p>Shuts down by 8:30 PM</p> <p>Best way to contact is by email or text</p>	<p>Operating Instructions</p>
<p>Environment</p> <p>Quieter settings are better so she can hear herself think</p> <p>Operates best in smaller groups</p>	<p>Environment</p>
<p>Care and Maintenance</p> <p><i>Reciprocate:</i> Set goals together so you can work toward a common outcome</p> <p><i>Avoid overhandling:</i> Nancy will likely shut down if you ask her to do too many things at the same time</p> <p><i>Feedback:</i> She welcomes feedback that is humane and growth producing</p>	<p>Care and Maintenance</p>
<p>Assistance</p> <p>Ask Doug, Ian, or Dominique for advice if she is not performing as you expected</p>	<p>Assistance</p>