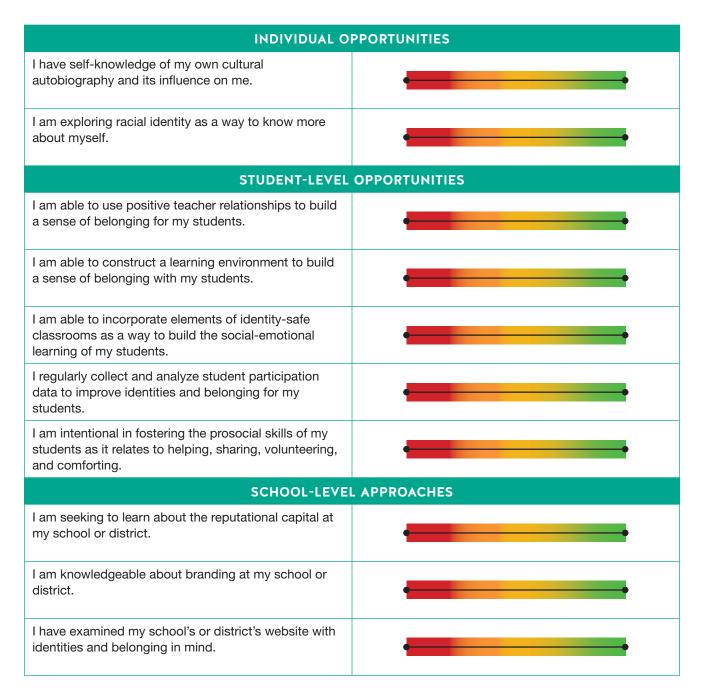
SELF-ASSESSMENT

.....

Emotionally and psychologically healthy young people are immersed in school environments that allow for them to learn about themselves and others. Use the self-assessment to determine the ways you contribute to this effort.

Menu of Practices on Identities and Belonging

Use the traffic light scale to reflect on your current practices as they relate to identities and belonging at the levels of self, students, and school. What areas do you want to strengthen?



(Continued)

(Continued)

REFLECTION QUESTIONS



What do I need to do to change my reds to yellows?



Who can support me to turn my yellows into greens?



How am I using my greens to positively contribute to the good of the whole?

.....

Retrieved from the companion website for *The Social-Emotional Learning Playbook: A Guide to Student and Teacher Well-Being* by Nancy Frey, Douglas Fisher, and Dominique Smith. Thousand Oaks, CA: Corwin, www.corwin.com. Copyright © 2022 by Corwin Press, Inc. All rights reserved. Reproduction authorized for educational use by educators, local school sites, and/or noncommercial or nonprofit entities that have purchased the book.