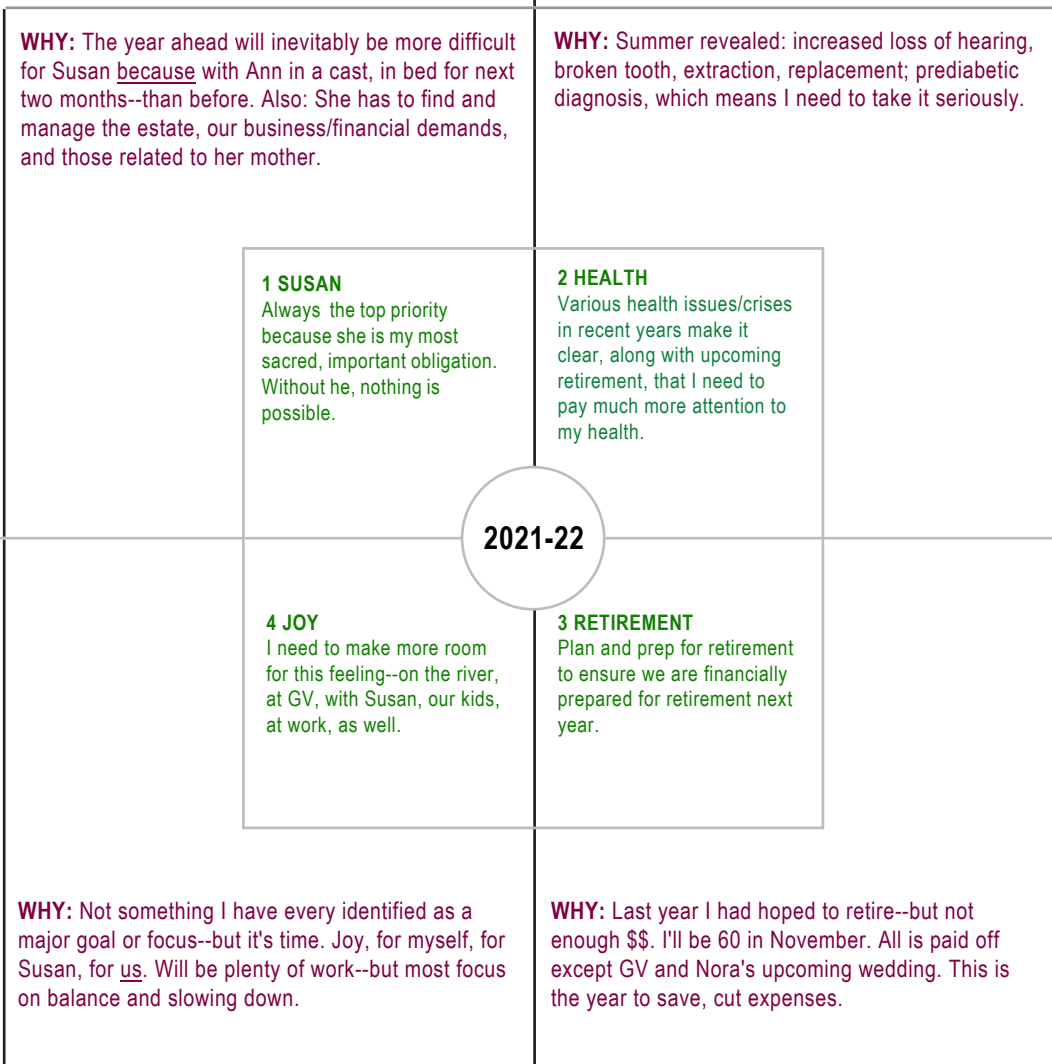


FINDING YOUR FOCUS: ESTABLISH A PERSONAL VISION FOR THE YEAR AHEAD

As with any journey, we must begin by deciding where we want to go, how we can get there, who can help us get there, and why we want to go there in the first place. Use this page to think about the year to come, taking into consideration both the expected and the unexpected. Use the diagram below to help you find your focus for the year ahead. It is blank, as all the quads throughout the *Teaching Better Day by Day* planner will be, because the story of the year ahead is yours to write, and the themes, motifs, roles, and responsibilities are yours to define. Of course, your life has more than four domains, but this page in this planner asks you to find and focus on the four roles, responsibilities, or relationships in your personal life that will matter to you most in the year ahead.

HOW: So how can I help? What can I do? In short: **do not add** to her demands and burdens. Ask her how I can help, what I can do, get, etc.? Keep a close eye on her spirits and energy. Flowers. Small acts. Support any way you can.

HOW: I spent summer reading about health, habits; lost 16 lbs in two months. Regular cycling. Slept more, which made big difference in diet, brain. Fly fished more than ever.

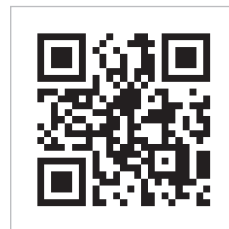


HOW: In so many ways, this item really does amount to slowing down, stopping to smell--or even plant!--the roses. Build in the time to walk, ride, fish, read--for your own pleasure, not just to teach or write books.

HOW: The main things to do are cut down on spending, costs, books. You have set yourself up. Now do, enjoy.

Use the space below to reflect on the contents of your quad above. You might consider starting a separate journal to reflect in greater depth as you move through and compose the story of this year.

HOW: This is, inevitably and clearly, a pivotal year both personally and professionally. On the personal side, I look ahead to June 2022 and envision ("begin with the end in mind") Susan and myself as healthy, ready to meet the demands of our retirement--and enjoy it in a way we can sustain. I want to feel healthy, revitalized--not exhausted as I was at the end of last year. I also need to do more to leave my work at work and come home ready and eager to devote my time, energy, and attention to the items listed above in this diagram.



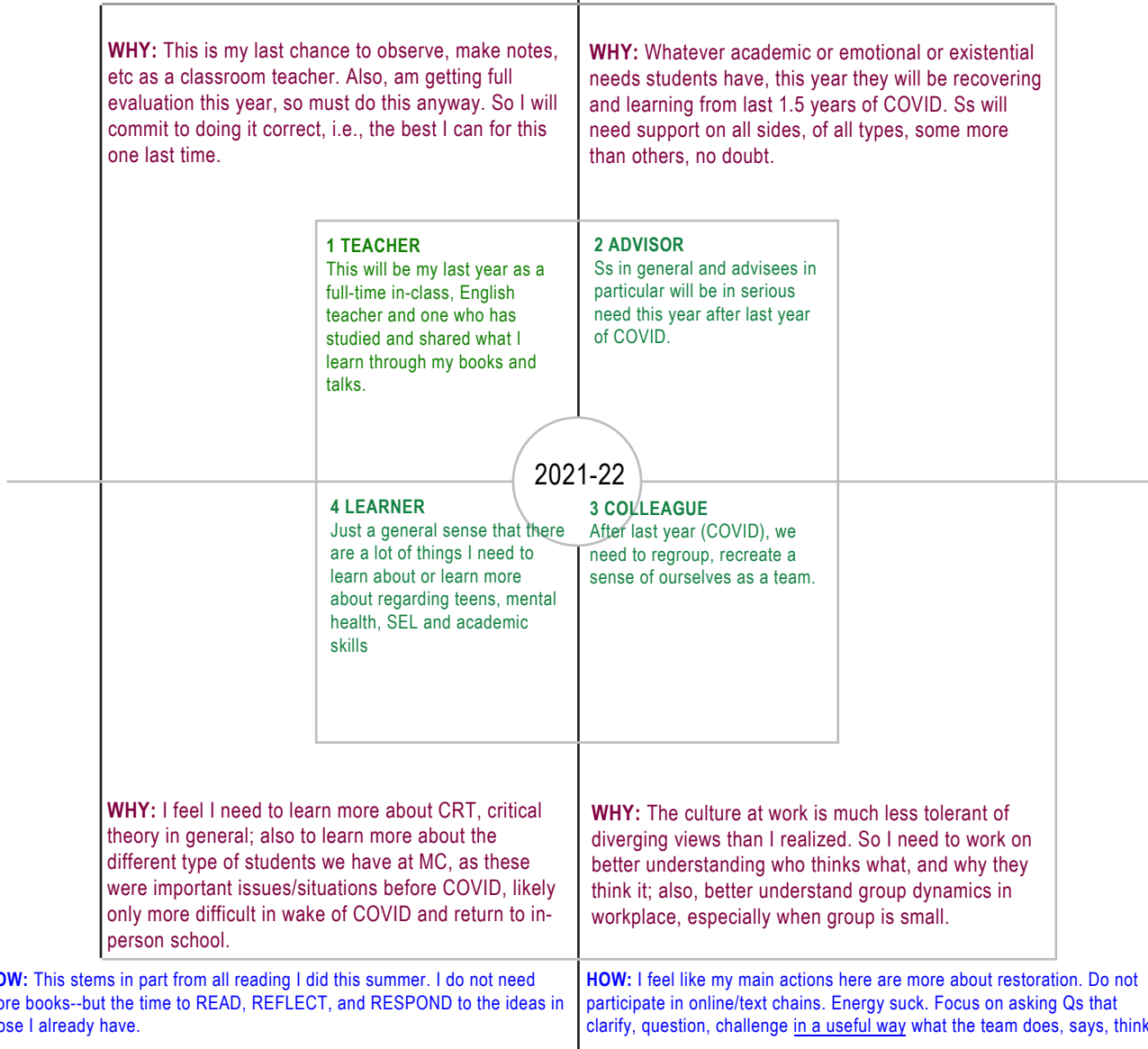
Scan the QR code to find a filled-in example of these charts.

FINDING YOUR FOCUS: ESTABLISH A PROFESSIONAL VISION FOR THE YEAR AHEAD

Now is the time to pause and think about where you are in your career and your growth as a teacher. What are the big changes you are preparing for or making this year? How do your essential roles and responsibilities fit in with the other demands of your life and the direction you see yourself taking as an educator in the coming years? Use this page to think about the year ahead, taking into consideration both the expected and the unexpected. Use the diagram, as you did in the PERSONAL version, to help you find your professional focus for the year ahead. It is blank, because the story of the year ahead is yours to write, and the themes, motifs, roles, and responsibilities are yours to define. Of course, your life has more than four domains, but this page in this planner asks you to find and focus on those four roles, responsibilities, or relationships in your personal life that will matter to you most in the year ahead.

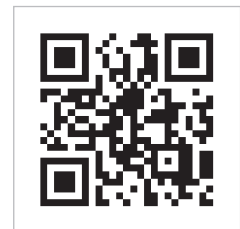
HOW: First, I can/should use the req'd full-eval tool and rubric to really target and drill down on evaluation with possible uses for subsequent articles, book(s). AE and AR are most likely projects to focus on

HOW: While online, 1:1 advisories were a BIG part of MC program; Will need to work on how to keep 1:1's at same level in-person while using online option also for those who choose it. Also, to supplement past-advisees and non-advisees who are in my classes.



Use the space below to reflect on the contents of your quad above. You might consider starting a separate journal to reflect in greater depth as you move through and compose the story of this year.

HOW: These four domains are specific to school, but 2021-22 is a BIG year for me as a writer, also: new books out in the fall and spring from Norton and Corwin. Also I need to focus on supporting and already beginning to create the next edition of these in small, informal ways as I begin to make the transition towards the narrative book (working title *An American Education?*) and other projects I have been preparing to write in the coming years.



Scan the QR code to find a filled-in example of these charts.