

Table 2.1 Questions to Help Clients Set Goals

<i>Goal Question</i>	<i>Client Response</i>	<i>Counselor Response</i>
What's your best hope for our meeting?	I don't know.	If you did know . . .
What's the reason you're here?	I have no idea.	If you did have an idea . . .
Who do you think sent you?	I can't figure it out.	If you could figure it out . . .
What's the reason someone wants you to be here?	Beats me.	If you could guess . . .
What would your mom say you would be doing that would tell her you don't need to see me anymore?	It's beyond me.	If it weren't beyond you . . .