



COLLABORATIVE ~S.O.A.K. ~ Sometimes learning penetrates best when we are relaxed and not trying too hard to make it happen.
Stress-free Opportunities to Absorb Knowledge **Choose what works for you.** (Like a "Collaborative" Bath Bomb infused with personalized nutrients)

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Quotes	Music	Statements affirmations	Books poetry stories	Art	Videos movies	Movement other ideas
"Alone we can do so little, together we can do so much." —Helen Keller	"It Takes Two" Rob Base & DJ EZ Rock	For coaches: My work with teachers creates positive forward movement in teacher efficacy and student growth.	"It Couldn't Be Done" Edgar Albert Guest	Aerial Flamigos The holy grail of wildlife photography: Bobby Haas	Don't Be So Defensive (TED Talk) Jim Tamm	Wide-Legged Standing Forward Fold With a yoga partner, mirror the pose, grasping the partner's hands between their legs.
"It is literally true that you can succeed best and quickest by helping others succeed." —Napoleon Hill	"Takin' Care of Business" Bachman-Turner Overdrive	I recognize and value the inherent worth of each person despite challenging personality quirks.	"Working Together" Janice Walkden	And the Symbol of Welcome is Light Norman Rockwell	Effective Collaboration: 1:57 clip from the Big Bang Theory Funny; available on YouTube	
"None of us, including me, ever do great things. But we can all do small things with great love, and together we can do something wonderful." —Mother Teresa	"Lean on Me" Bill Withers	By choosing my thoughts, I create a warm and peaceful internal world full of goodwill and kindness.	"The Bundle of Sticks" Aesop	Cake Baking African American Art	Union is Strength Together We Aspire Together We Achieve Marlon Modeste (YouTube)	Chair Stand back-to-back with a yoga partner and do a chair pose with backs touching to support one another.
"It's amazing what you can accomplish if you don't care who gets the credit." —Harry Truman	"Yellow Submarine" Beatles	Coach to teachers: Your interactions with students leave them inspired and empowered!	The Teamwork Fable—"4 Oxen & the Lion" Charlie Scott	Summer: Harvest Time Pieter Brueghel	Toy Story (1995)	
"You can make more friends in two months by becoming interested in other people than you can in two years trying to get other people interested in you." —Andrew Carnegie	"That's What Friends Are For" Dionne Warwick	Student voices are honored and respected in your presence.	Stone Soup Jon J. Muth	Reach for the Stars Millie134 (Kindergarten Auction Project from the Oak Hill School)	Wonder Woman (2016)	Oil: lavender
	"All for One" High School Musical	I design opportunities for students to work together, so that they can practice academic and interpersonal skills that build confidence.	Horton Hears a Who Dr. Seuss	Head of the Charles (Silk screen print)	The Last Jedi (2017)	Stones: blue calcite; amazonite
	"Olympic Fanfare and Theme" John Williams	"Teamwork makes the dream work!" —John C. Maxwell		Connie Crosby	The Mighty Ducks (1992)	Color: lime green

What new beauty and adventures await us when we merge our thoughts and gifts in service to others.

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