

CARING ~S.O.A.K. ~

Sometimes learning penetrates best when we are relaxed and not trying too hard to make it happen. Stress-free Opportunities to Absorb Knowledge Choose what works for you. (Like a "Caring" Bath Bomb infused with personalized nutrients)

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Quotes	Music	Statements affirmations	Books poetry stories	Art	Videos movies	Movement other ideas
<p>"Love is an extreme case of appreciation. However, as leaders we don't appreciate enough, much less love enough. In fact, we have banned the 'L' word . . . in spite of the fact that the 'L' word is the substance that unifies teams, builds cultures, fosters commitment, and bonds people to an organization." —Kevin Cashman</p> <p>"If there is any kindness I can show, or any good thing I can do to any fellow being, let me do it now, and not defer or neglect it, as I shall not pass this way again." —William Penn</p> <p>"Never let a problem to be solved become more important than a person to be loved." —Thomas S. Monson</p>	<p>"Just Put Some Love in Your Heart" Lionel Richie</p> <p>"Lean on Me" Club Nouveau</p> <p>"You've Got a Friend in Me" Randy Newman and Lyle Lovett</p> <p>"Angels Among Us" Alabama and Demi Lovato</p> <p>"True Colors" MattyB</p> <p>"Testify to Love" Wynonna Judd</p> <p>"Love, Oh Love" Lionel Richie</p> <p>"I'll Be There" Jackson Five</p> <p>"Love Can Move Mountains" Celine Dion</p> <p>"Wind Beneath My Wings" Bette Midler</p>	<p>For coaches: I have the strength to lift others. I quickly see and internalize what is positive and create more of it through my awareness. I am conscious of others' needs. I lead a purposeful life that influences many. I believe in teachers!</p> <p>For teachers: I bless the lives of students every day with my love, dedication, and preparation. My positive influence paves the way for student success. My daily work is of immense value.</p>	<p>"If I Can Stop One Heart From Breaking" Emily Dickinson</p> <p>"Song of Life" Charles MacKay</p> <p><i>The Challenge to Care in Schools</i> Nel Noddings</p> <p>"The Little Boy and the Old Man" Shel Silverstein</p> <p>"The Lion and the Mouse" Aesop</p> <p>"Outwitted" Edwin Markham</p>	<p><i>A Flower for the Teacher</i> Winslow Homer</p> <p><i>Mother Playing With Her Child</i> Mary Cassatt</p> <p><i>Sharing Is Caring</i> Bill Holkham</p> <p><i>The Good Samaritan</i> Vincent Van Gogh</p> <p><i>Caring-Girl [With Dog]</i> Rudi Monterroso</p> <p><i>Auguste Reading to Her Daughter</i> Mary Cassatt</p>	<p>Look on YouTube for short clips, or immerse yourself in "Caring" by watching the whole movie!</p> <p><i>Big Miracle</i> (2012)</p> <p><i>Charlotte's Web</i> (1973 or 2006)</p> <p><i>Frozen</i> (2013)</p> <p><i>The Blind Side</i> (2009)</p> <p><i>Despicable Me</i> (2010)</p> <p><i>The Grinch Finally Cares</i> (2000)</p>	<p>Cobra Pose</p>  <p>Fish Pose</p>  <p>Camel Pose</p>  <p>Oil: melissa</p> <p>Stone: rose quartz</p> <p>Color: bright pink</p>

Love is the learner's balm, smoothing and softening sharp edges that may exist in presentation or personality, allowing learning to be deeply absorbed.

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