

## About the Author



**David Sladkey** has been teaching high school mathematics since 1987. He was named Teacher of the Year for Naperville Community School District 203 in 2007 and the Office Max Innovative Teacher of the Month in March of 2009. David has been using Brain Breaks in his classroom ever since he was introduced to them by Jean Blaydes at a workshop held at his school. David loves to have his students move and learn in his classes and is working with a program called Learning Readiness PE ([learningreadinesspe.com](http://learningreadinesspe.com)), which promotes having students take Physical Education

BEFORE their core academic classes. He appreciates technology that impacts curriculum and is easy to implement. David uses a SMART Board in his classes every day and is the mathematics department technology specialist. He has co-authored a book “Easy SMARTBoard Teaching Templates” with Scott Miller. David is passionate about his teaching and reflects this journey in his blog called ‘Reflections of a High School Math Teacher’ ([teachhighschoolmath.blogspot.com](http://teachhighschoolmath.blogspot.com)). David is also an avid cyclist and loves spending time with his wife and 3 children.