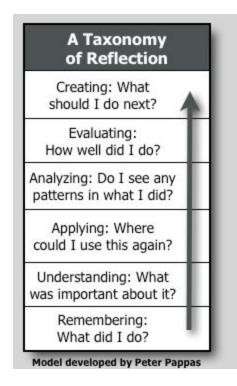
How to Write a Reflection



Bloom's Remembering: What did I do?

Student Reflection: What was the assignment? When was it due? Did I get it turned in on time?

Bloom's Understanding: What was important about what I did? Did I meet my goals?

Student Reflection: Do I understand the parts of the assignment and how they connect? Did my response completely cover all parts of the assignment? Do I see where this fits in with what we are studying?

Bloom's Application: When did I do this before? Where could I use this again?

Student Reflection: How was this assignment similar to other assignments? (in this course or others). Do I see connections in either content, product or process? Are there ways to adapt it to other assignments? Where could I use this (content, product or process) my life?

Bloom's Analysis: Do I see any patterns or relationships in what I did?

Student Reflection: Were the strategies, skills and procedures I used effective for this assignment? Do I see any patterns in how I approached my work – such as following an outline, keeping to deadlines? What were the results of the approach I used – was it efficient, or could I have eliminated or reorganized steps?

Bloom's Evaluation: How well did I do? What worked? What do I need to improve?

Student Reflection: What are we learning and is it important? Did I do an effective job of communicating my learning to others? What have I learned about my strengths and my areas in need of improvement? How am I progressing as a learner?

Bloom's Creation: What should I do next? What's my plan / design?

Student Reflection: How can I best use my strengths to improve? What steps should I take or resources should I use to meet my challenges? What suggestions do I have for my teacher or my peers to improve our learning environment? How can I adapt this content or skill to make a difference in my life?

Source:

http://peterpappas.com/2010/01/taxonomy-reflection-critical-thinking-students-teachers-principal s-.html

Reflective Writing - Sentence Starters

As a Record of What Happened The most important event that happened for me today was Thinking back over the day what I valued most was I am not sure why we...... Something funny that happened was.....

Insights Into What You Think and Feel About the Ideas or Issues

One of the things that surprised me was ...

I still am shocked by ...

I keep thinking about....

I really didn't understand

I felt really frustrated when.....

It seems to me that the question I have to consider is.......

When I heard the speaker I felt......

Something I would like to find more about is

Thinking About Your Own Learning

Something I have found out about myself is

I know I need to change the way I....

I really admire the way
I learn best when
I need to go over
I need to ask for more help about
What I have learnt today reminds me about
Thinking More Deeply
I believe
My point of view is
I still maintain that
I agree with
I disagree with
I strongly oppose
I have reconsidered
Thinking About Alternative Points of
View
I feel really angry when people don't agree with me because
I find it hard to listen to other people's ideas because
When I heard what the others in my group thought I was surprised because
I would never have thought about the problem in that way
I like to consider others points of view because
Conclusions
In the future I would like to
I hope I can learn to
I have to think more deeply about
When I read over my journal reflections I am surprised at how my thinking has changed because

Source:

http://mrrobinsonau.blogspot.com/2009/04/reflective-writing-sentence-starters.html