

About the Author

Ana Homayoun is a noted teen and millennial expert, author, speaker, and educator. Her work focuses on promoting organization, time-management, personal purpose, and overall wellness for young people. Her first book, *That Crumpled Paper Was Due Last Week: Helping Disorganized and Distracted Boys Succeed in School and Life*, quickly became a classic among parents and educators for the pragmatic approach to executive functioning issues. Her next book, *The Myth of the Perfect Girl: Helping Our Daughters Find Authentic Success and Happiness in School and Life*, explores the real-life dilemmas of young women today and provides strategies for finding authentic success and happiness. Her latest book, *Social Media Wellness: Helping Teens and Tweens Thrive in an Unbalanced Digital World*, decodes the new language of social media socialization, and provides practical strategies to encourage better choices online and in-real-life.

In addition to her individualized consulting services, Ms. Homayoun travels around the world working with schools, and frequently provides parent education, student presentations, and professional development presentations. Her work has been quoted or featured in the *New York Times*, *San Francisco Chronicle*, *USA Today*, *San Jose Mercury News*, *Chicago Tribune*, *Washington Post*, and ABC News, among others, and is a frequent guest on NPR.

She is the founder of Green Ivy Educational Consulting, a Silicon Valley-based educational consulting firm. For more information, please visit www.anahomayoun.com and www.greenivyed.com.

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