

Recommended Reading List

- Ansari, A. (2016). *Modern romance: An investigation*.^{*} New York, NY: Penguin.
- boyd, d. (2014). *It's complicated: The social lives of networked teens*. New Haven, CT: Yale University Press.
- Damour, L. (2016). *Untangled: Guiding teenage girls through the seven transitions into adulthood*. New York, NY: Ballantine.
- Heitner, D. (2016). *Screenwise: Helping kids survive (and thrive) in their digital world*. London, UK: Routledge.
- Jensen, F. (2016). *The teenage brain: A neuroscientist's survival guide to raising adolescents and young adults*. New York, NY: Harper.
- Sales, N. J. (2016). *American girls: Social media and the secret lives of teenagers*. New York, NY: Alfred Knopf.
- Turkle, S. (2015). *Reclaiming conversation: The power of talk in a digital age*. New York, NY: Penguin Press.

RESOURCES

#Being13: *Inside the secret world of teens*. <http://edition.cnn.com/specials/us/being13>.

The Common Sense Census: Media use by tweens and teens. www.common-sensemedia.org

Crisis Text Line. www.crisistextline.org

^{*}Even though *Modern Romance* focuses on young adults, much of the premise around the change in dating is helpful for parents of teenagers and young adults to understand.

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Endnotes

PROLOGUE

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CHAPTER 1

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Table 2.2

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