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**Note From the Publisher:** The author has provided video and web content throughout the book that is available to you through QR (quick response) codes. To read a QR code, you must have a smartphone or tablet with a camera. We recommend that you download a QR code reader app that is made specifically for your phone or tablet brand. Videos may also be accessed at <http://resources.corwin.com/teachlikeyourself>

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This book allowed me the space to make sense of my own teaching journey and to discover why it is that I have such deep passion and love for my life as an educator. In *The Courage to Teach*, Parker Palmer (1998) writes, “I am a teacher at heart, and there are moments in the classroom when I can hardly hold the joy.... But at other moments, the classroom is so lifeless or painful or confused... that my claim to be a teacher seems a transparent sham” (p. 1). I want to thank every teacher out there who has held that immense teacher joy and sat frozen in the pain. For me, being a teacher is deeply vulnerable, beautiful, and often challenging. It is in those challenging spaces—the moments between the utter joy and painful confusion—that this book arrived. I wrote this book with the help of every teacher, student, and colleague who entered my mind and my heart as each experience allowed me to reflect, learn, and grow into my true teacher self. For all of you, I am deeply grateful.

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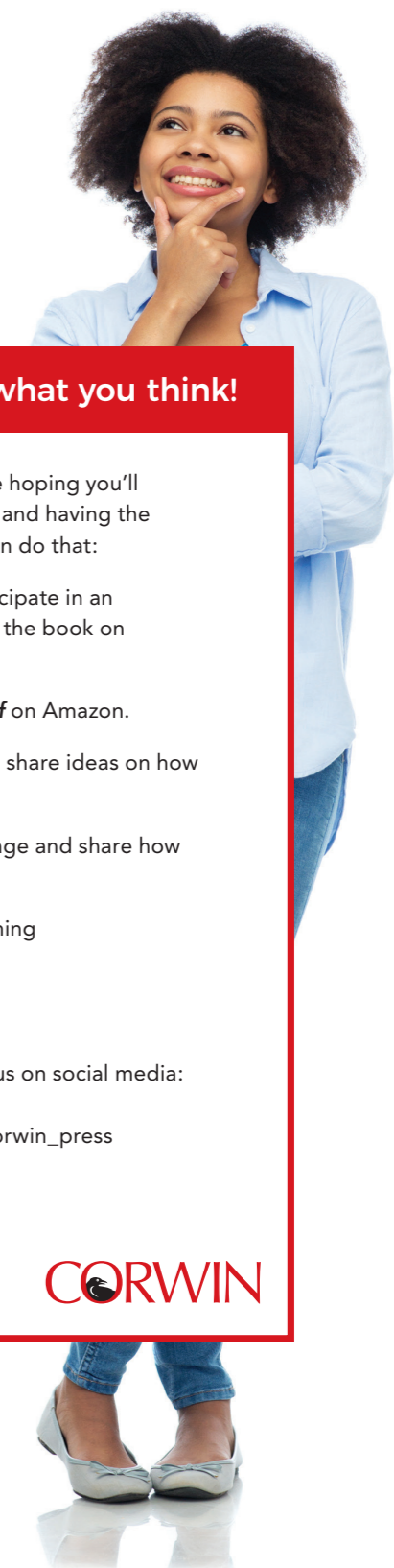
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