
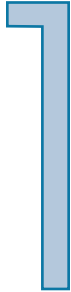


FIGURE 5.9 STA (Stop, Think, Act) Strategy Card for Secondary Students

	<p>STA (Stop, Think, Act) Strategy</p>		<p>Before I say or do something I need to STOP myself from reacting immediately. THINK of an appropriate way to express what I need to say or do. ACT on the appropriate response that I have thought about.</p>
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