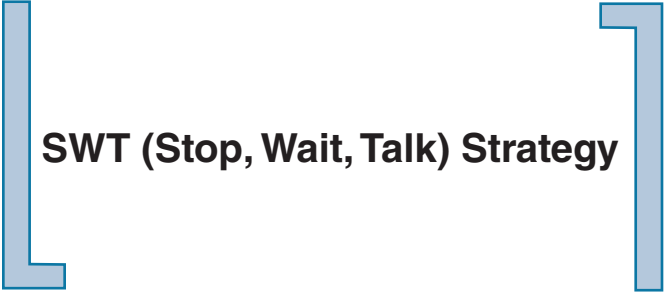**FIGURE 5.12 SWT (Stop, Wait, Talk) Strategy Card for Secondary Students**

SWT (Stop, Wait, Talk) Strategy

Before I say something I must

STOP

WAIT and Think about what I am going to say and how it will affect others

TALK to others in a kind, appropriate way.