

ACTIVITY 1.3: HOPES AND FEARS

This activity, developed in the field by educators, was adapted from the protocol Fears and Hopes, from the School Reform Initiative and National School Reform Faculty websites. Please visit their websites (<https://www.schoolreforminitiative.org>; www.nsrffharmony.org) for additional text-based protocols that can be utilized to discuss this chapter.

Time: 30–45 minutes

Materials: Chart paper, 2 different colors of Post-it notes

Step 1: After reading Chapter 1, ask participants to consider how they feel about engaging in the process of inquiry by individually naming three to five hopes they have for engaging in the process, as well as three to five fears. Ask participants to write down each hope and each fear on two different colors of Post-it notes (i.e., hopes on yellow Post-it note, fears on pink Post-it note), using a different Post-it note for each individual hope and fear (i.e., one hope/fear per Post-it note).

Step 2: Once each participant has 6 to 10 Post-it notes that capture his or her hopes and fears for studying his or her own practice, divide into groups of five to eight. Each group posts all members' hopes and fears on a premade chart paper:

HOPES	FEARS

Step 3: Once all group members have added all their Post-it notes to their chart in the appropriate column, members silently read their chart, taking note of every hope and fear posted.

Step 4: In silence, participants work to group similar hopes and fears together by moving the Post-it notes on their chart. They do this without using words to communicate.

Step 5: After approximately 5 minutes, call time and provide an additional 5–10 minutes for group members to discuss the ways they grouped their hopes and fears together (i.e., they can now speak about their thinking). Provide a marker for each group to label each of their groupings and to further organize/categorize their hopes and fears.

Step 6: One member of each group summarizes his or her group's hopes and fears.

Step 7: Permit open discussion about the content of Chapter 1 and the hopes and fears it has provoked for the group.