

WHEN	WHAT	WHAT BELIEF IS BEING TARGETED	HELPFUL HINTS
First week of school	Introduce and begin implementing classroom management policy	Teacher Credibility (competence) + Belonging (making a safe space for students)	Use Michael Linsin's approach, explained at www.smartclassroommanagement.com
	Positive identity index cards	Belonging	See pp. 41–43
First month of school	Attributional retraining exercise	Belonging	See pp. 40–41
	Utility value of education	Value	See p. 54
	Comparing career and college readiness	Value	See pp. 55–56
	Teach students effective learning techniques and study skills	Effort	Use Erica Beaton's tips, explained at www.davstuartjr.com/beaton
Monthly	Low-effort parent contact	Credibility (care) + Belonging	See p. 41
	Hulleman's Build Connections exercise	Value	See pp. 51–53 or CharacterLab.org
	WOOP goal-setting exercise	Efficacy	See pp. 48–49 or CharacterLab.org
	Rearrange classroom seating chart	Belonging	See p. 43
Around mid-year	Pop-up debate about which subject is the best	Value	See pp. 52–54 for description of activity and pp. 114–116 for how to hold Pop-Up Debates