

BREAKING THE COERCIVE CYCLE

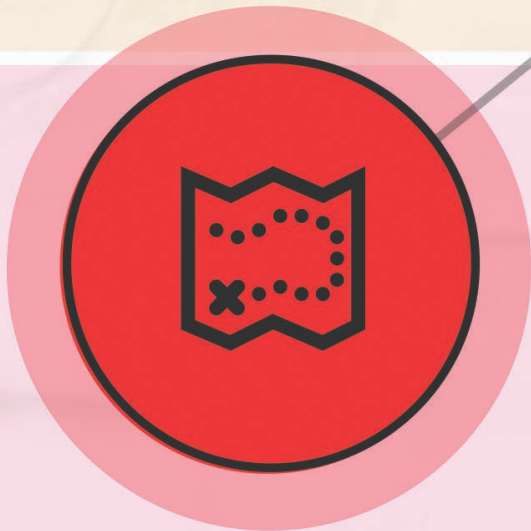
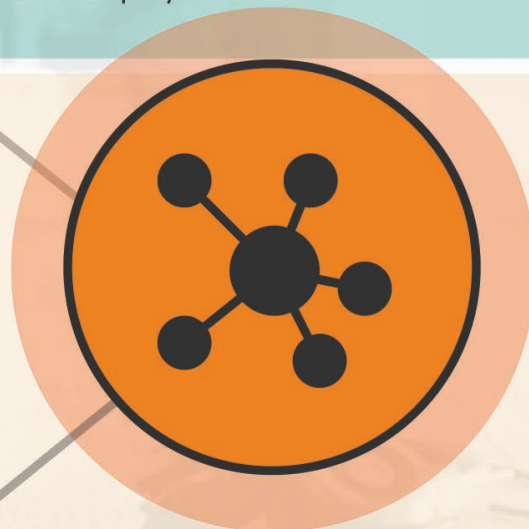


RECOGNIZE THE CYCLE

1. Does the student go from zero to nuclear in seconds?
 2. Do you feel angry? Emotional?
 3. Do you feel hopeless?
 4. Are you focused on "winning" more than teaching a new behavior?
- If you said yes to any of these questions, coercion is at play.

MAKE A (PRACTICAL) PLAN

While good plans should always include ABA-based principles like identifying the function(s) of a behavior and teaching a replacement behavior, they SHOULD NOT be overly technical and jargon-y. Our job is to create simple-to-consume-and-execute plans to a team not trained in ABA.



STICK TO THE PLAN

Our ability to remain consistent (not the same as stubborn) with a plan cannot be overstated. Consistency is the KRYPTONITE to the Coercive Cycle. The trick is facilitating consistency across the student's entire team. Measure progress in 2-week chances, pivot, refine, repeat.

Visit www.totempd.com and let us help break the cycle.