

APPENDIX 1.15 SAMPLE STUDENT SELF-ASSESSMENT TOOL—ELEMENTARY AND MIDDLE SCHOOL

Note to Teachers:

- The teacher can select other actions that are appropriate from PreK–K or High School Assessment to individualize the actions assessed by this tool.
- The teacher can give only area of concern.
- In a full class, the teacher could review the assessment results and discuss with the class one or two actions that the entire class appears to have difficulty. The teacher could state that since the entire class appears to have difficulty with these actions there are strategies to help with these difficulties. The entire class could receive strategy instruction as a group during morning meeting, prior to class instruction, etc.
- An individual or small group of students can receive strategy instruction before or after school, as a pull-out session.
- The teacher needs to discuss the assessment results with the student or students.

Sample Student Self-Assessment Tool—Elementary and Middle School

Student's Name: _____ Date: _____

WORKING MEMORY ACTION	TEACHER REVIEW AND COMMENTS
<p>When I finish reading, I do not remember what I have read and need to reread information.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I forget math facts and/or how to spell words that I knew the night before.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I have difficulty forming letters for writing and remembering the order for spelling.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>

(Continued)

<p>I know an answer and raise my hand but, but I can't remember the answer when called on.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I start talking and forget what I have to say.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I do not remember what to do as I try to do my work. I need directions repeated.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>PRIORITIZING, ORGANIZING, SEQUENCING, MANAGING TIME, AND PLANNING ACTION</p>	<p>TEACHER REVIEW AND COMMENTS</p>
<p>I cannot find my materials, glasses, and assignments.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I either rush through an assignment or do not finish the task on time.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>

(Continued)

<p>My papers and desk are sloppy and disorganized.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p>
<p>I often mix up assignments and don't bring home the books and handouts needed to complete the work.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I want to invite kids over but I never get around to scheduling it.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I don't know where to begin when I have a lot of tasks to complete or a lot of steps to complete for one task.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>

(Continued)

ATTENDING, FOCUSING, AND INITIATING ACTION	TEACHER REVIEW AND COMMENTS
<p>I lose my concentration very easily.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I need several reminders to get started on a task or assignment.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I start one task and get distracted, then don't ever finish the original task.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I focus on the least important thing the teacher says.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I have a hard time starting an assignment.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>

(Continued)

CONTROLLING SOCIAL/EMOTIONAL AND INHIBITING BEHAVIORS ACTION	TEACHER REVIEW AND COMMENTS
<p>I call out in class, and it is hard not to.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I make inappropriate comments to peers and adults.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I push or hit people when they bother or frustrate me.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I get upset about small things like running out of my favorite snack at home, or having to do something that I do not want to do.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I think the teacher is being “unfair” when I am told to do work at home or during my independent time, even though the other kids finished theirs in class.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>

(Continued)

COMMUNICATING, COGNITIVE FLEXIBILITY/ SHIFTING ACTION	TEACHER REVIEW AND COMMENTS
<p>I do not write the correct answers because I do not understand what the teacher is saying or asking.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I write very little and do not add details.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I do not show appropriate body language or understand the body language of others.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>It is difficult for me to move from one activity on to another.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I find it difficult to think about more than one thing at a time.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>
<p>I have trouble saying what I mean or need.</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree ____</p> <p>Disagree ____</p> <p>Comments:</p>

(Continued)

<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree _____</p> <p>Disagree _____</p> <p>Comments:</p>
<p>Other Action:</p> <p>Never _____</p> <p>Some of the time _____</p> <p>Most of the time _____</p>	<p>Agree _____</p> <p>Disagree _____</p> <p>Comments:</p>