## Directions: Read each statement and give yourself a score (3, 2 or 1) as to how strongly each statement applies to you. Try not to use 2 very often!

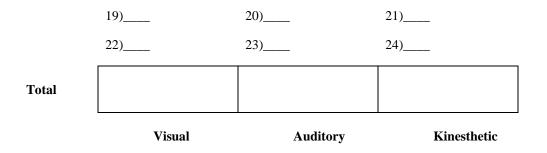
## Often – 3 Sometimes- 2 Seldom/Never- 1

- 1) I need to write math down when learning in order to remember it.
- \_\_\_\_\_2) I learn best from a lecture and not from a textbook.
- \_\_\_\_\_3) I learn best in math when I can do something with my hands, like using counters or other models.
- \_\_\_\_\_4) I need it to be quiet when I study math.
- \_\_\_\_\_5) I hate taking notes. I want to just listen to lectures and I will remember and learn that way.
- **\_\_\_\_6**) I learn and study math better when I can move pace the floor, shift positions, tap, etc.
- \_\_\_\_\_7) It's hard for me to understand math when someone just tells about it without writing it down.
- **8**) I have difficulty following written solutions on the board unless someone also explains the steps.
- **\_\_\_\_\_9**) I learn math best when I can manipulate or use hands-on examples.
- **10**) I like to work a problem out in my mind. I usually get the right answer that way.
- 11) I can remember more of what is said to me than what I see.
- 12) I usually can't verbally explain how I solved a math problem, but can show it to someone.
- \_\_\_\_\_13) I enjoy writing in math and show my steps to stay organized.
- \_\_\_\_\_14) The more people explain math to me, the faster I learn it.
- \_\_\_\_\_15) I've always liked using my fingers to figure out math.
- 16) When taking a math test, I can often see in my mind the page in my notes or in the text where the explanations or answers are located.
  - 17) I don't like reading explanations in my math book; I'd rather have someone explain the new material to me.
- **\_\_\_\_18**) It helps when I take a break and move around when I study math.
- **19**) I get easily distracted or have difficulty understanding in math class when there is talking or noise.
- **20**) I wish my math teachers would lecture more and write less on the board.
- \_\_\_\_\_21) If I look at my math teacher when he or she is teaching it helps me to stay focused.
- \_\_\_\_\_22) I get easily distracted or have difficulty understanding in math class when there is talking or noise.
- \_\_\_\_\_23) It helps me when I repeat the numbers or talk to myself when working out math problems.
- \_\_\_\_\_24) I enjoy figuring out math games and math puzzles when I learn math.

## Learning Styles Inventory Scoring Guide

Write your score for each statement beside the appropriate number below, then add all the scores in each column.

1)	2)	3)
4)	5)	6)
7)	8)	9)
10)	11)	12)
13)	14)	15)
16)	17)	18)



The largest number in the total of the three columns above indicates your dominant learning style.

Visual learners learn best by seeing. Visual learners benefit from taking notes, charts, graphs, diagrams and color.

Auditory learners learn best by listening. Auditory learners benefit from listening to lectures with minimum notes, discussions and talking to themselves when working alone.

**Kinesthetic (or tactile) learners** learn best by moving, touching or doing. Kinesthetic learners benefit from hands-on activities, writing and re-writing notes, and games.