

Can brilliant teaching boil down to five practices? Yes!

Teach Like Yourself

How Authentic Teaching Transforms Our Students and Ourselves

Gravity Goldberg

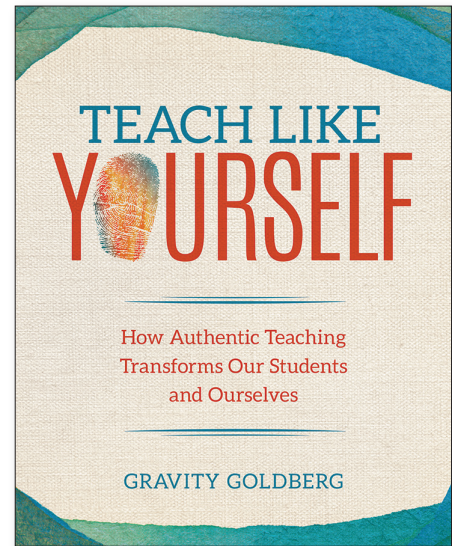
Teaching is one of the most rewarding professions because it is so complex and ever-evolving. Yet it's also one of the toughest jobs for those very same reasons. In *Teach Like Yourself*, Gravity Goldberg holds both these truths in the palm of her hand and predicts a happy future if you apply "you" to all you do. It's one part life coach and three parts a manual for mastering the facets of teaching that no talks about, and yet are crucial to a satisfying career and to developing productive relationships with students.

In this, her fifth and most personal book, Gravity uses her gifts for developing teacher agency as she invites you to take on five powerful practices

- Knowing your core beliefs
- Viewing teaching as a practice
- Building balanced relationships
- Driving professional growth
- Taking care of your whole self

To support you as you make these five practices lifelong habits, Gravity includes illuminating stories, reflection questions, short videos of advice from her and other teachers, a full-color *Teach Like Yourself* Manifesto poster, and a *Teach Like Yourself* Facebook Group moderated by the author.

\$26.95, 192 pages, 978-1-5443-3735-7



"Gravity Goldberg uses the term 'authentic teachers' to drive her mission of helping educators teach like themselves. With thoughtful reflection questions and powerful classroom examples, Goldberg places emphasis on students through the lens of authentic teaching and being true to oneself. This is a great choice for teachers, coaches, and school leaders at any stage of their career."

—Monica Burns,
Education Consultant